

## GQ-ASC: Adult Women

This screening questionnaire is designed to identify behaviours and abilities in cisgender and trans women that are associated with autism.

**INSTRUCTIONS:** *Here is a list of questions and statements. Please read each question and statement very carefully, and rate how strongly you agree or disagree with it by circling your answer.*

	<b>Definitely disagree</b>	<b>Slightly disagree</b>	<b>Slightly agree</b>	<b>Definitely agree</b>
<b>Imagination and play</b>				
1. I enjoy fantasy worlds	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
2. I am interested in fiction	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
3. When I was 5-12 years old, I played as imaginatively as other girls	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
4. When I was 5-12 years old, I had imaginary friends or imaginary animals	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
5. When I was 5-12 years old, I created my own complex 'set ups' with toys	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
<b>Camouflaging</b>				
6. I copy or 'clone' myself on other females	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
7. I avidly observe other females socialising	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
8. I am attracted to females with strong personalities who tell me what to do	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9. I adopt a different persona in different situations	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Sensory Sensitivities</b>				
10. I am attached to certain objects or toys (e.g. favourite toy, pillow, piece of cloth) which I carry, touch, or rub to calm myself	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
11. I expressed distress during grooming (e.g. I fought or cried during fingernail cutting, haircutting, combing) or when I am touched (e.g. someone touches my feet)	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
12. Some social situations make me mute	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

13. I am distressed by certain smells or I avoid certain tastes that are a typical part of a diet	1	2	3	4
<b>Socialising</b>				
14. I socialise quite well for a while, but subsequently feel exhausted	1	2	3	4
15. I often have a facial 'mask' that hides my social confusion	1	2	3	4
16. I have intense emotions	1	2	3	4
17. I apologise when I make a social error	1	2	3	4
<b>Interests</b>				
18. When I was 5-12 years old, I preferred to play with girls' toys	4	3	2	1
19. When I was 5-12 years old, I preferred to play with boys' toys	1	2	3	4
20. My interests were advanced for my age (e.g. opera)	1	2	3	4
21. I am talented in music	1	2	3	4
<b>TOTAL SCORE:</b>				

**SCORING:** Sum all response values to calculate the total score.

A total score of **57 or higher** indicates a high level of autistic traits; sensitive to 80% of cases.

Citation: Brown, C. M., Attwood, T., Garnett, M., & Stokes, M. A. (2020). Am I Autistic? Utility of the Girls Questionnaire for Autism Spectrum Condition as an Autism Assessment in Adult Women. *Autism in Adulthood*, 2(3), 216-226. <http://doi.org/10.1089/aut.2019.0054>